

**Trampoline & Double Mini Tramp Regional Finals 2014**  
**Saturday 7th June**  
**Timetable**

Updated 30/5/2014

Version 1.2

FLIGHT	TIME	ACTIVITY	TRI PANEL 1	TRI PANEL 2	TRI PANEL 3	TRI PANEL 4	DMT PANEL 5	
	07:45:00	Registration	Level 3	Level 3	Level 3	Level 3	Level 3	
	08:00:00	General Warm-up - Strectching Area	9-10yrs girls Nos. 1-17	9-10yrs boys Nos. 1-12	11-12yrs girls Nos. 1-11	11-12yrs boys Nos. 1-13	13-14 Girls No. 1	
1	08:30:00	March in and Warm Up					15-16 Girls Nos. 1-2	
	08:55:00	Compete						
	09:45:00	March Out						
	09:05:00	Registration	Level 3	Level 3	Level 3	Level 3	Level 3	
	09:20:00	General Warm-up - Strectching Area	13-14yrs girls Nos. 1-15	13-14 boys Nos.1-7	11-12yrs girls Nos. 12-22	15-16yrs girls Nos. 1-16	11-12 boys No. 1	
2	09:50:00	March in and Warm Up		15-16 boys Nos. 1-2			11-12 girls Nos. 1-3	
	10:15:00	Compete		17+ girls Nos. 1-3				
	11:05:00	March Out					Level 4	
							11-12 boys No. 1	
							13-14 boys No. 1	
	10:25:00	Registration	Level 4	Level 4	Level 4	Level 4	Level 4	
	10:40:00	General Warm-up - Strectching Area	9-10 girls Nos. 1-8	11-12 girls Nos. 1-9	13-14 girls Nos. 1-17	15-16 girls Nos. 1-13	9-10 girls No. 1	
3	11:10:00	March in and Warm Up	9-10 Boys Nos. 1-4	11-12 boys Nos. 1-7	13-14 boys Nos. 1-2	15-16 boys No. 1	17+ girls No. 1	
	11:40:00	Compete	17+ girls Nos. 1-6			17+ boys Nos. 1-2		
	12:35:00	March Out						
	12:45:00	Presentations for levels 3 & 4	LUNCH					
	13:00:00	Registration	Level 5	Level 5	Level 5	Level 5	Level 5	
	13:15:00	General Warm-up - Strectching Area	9-10 boys No. 1	9-10 girls Nos. 1-5	13-14 girls Nos. 1-17	15-16 girls Nos. 1-18	13-14 boys No. 1	
4	13:45:00	March in and Warm Up	11-12 boys Nos. 1-5	11-12 girls Nos. 1-12			13-14 girls Nos. 1-2	
	14:20:00	Compete	13-14 boys No. 1				15-16 girls No. 1	
	15:15:00	March Out	15-16 boys Nos. 1-4				Level 6	
			17+ boys Nos. 1-2				13-14 girls Nos. 1-3	
							17+ girls Nos. 1-4	
	14:35:00	Registration	Level 6	Level 6	Level 6	Level 5	Level 6	
	14:50:00	General Warm-up - Strectching Area	9-10 boys No. 1	9-10 girls Nos. 1-2	13-14 girls Nos. 1-12	17+ girls Nos. 1-9	9-10 girls No. 1	
5	15:20:00	March in and Warm Up	11-12 boys Nos. 1-4	11-12 girls Nos. 1-8			11-12 girls No. 1	
	15:40:00	Compete	13-14 boys Nos. 1-9				13-14 boy No. 1	
	16:25:00	March out					15-16 girls Nos. 1-3	
							15-16 boys No. 1	
	15:45:00	Registration	Level 6	Level 6	Level 6	Level 6		
	16:00:00	General Warm-up - Strectching Area	15-16 boys Nos. 1-6	11-12 girls Nos. 9-15	13-14 girls Nos. 13-23	17+ girls Nos. 1-12		
6	16:30:00	March in and Warm Up	17+ boys Nos. 1-9	15-16 girls Nos. 1-10				
	16:55:00	Compete						
	17:45:00	March Out						
	17:55:00	Presentations for Levels 5 & 6 and winning region						